

Claremont Natural Healing Centre - Price List

Colonic Hydrotherapy	£70
A therapy that totally cleanses and detoxifies the body, an essential requirement for total well-being and promotion of healing.	
Aqua Detox	£27, course of six sessions £150
An Energy Medicine treatment that makes use of ionisation, stimulating proper excretion of toxins out of the body and restoring natural healing energy levels.	
Chiropody/Podiatry	£37
Have your feet professionally assessed. This treatment addresses many disorders including bunions, heel pain/spurs, ingrown toenails, warts, corns and calluses.	
Nutrition	First session (1 hour) £65, subsequent sessions (½ hour) £35
Poor nutrition and deficiencies lead to minor ailments, but in the longer term can be a factor in more serious problems. Individual requirements differ because of different body chemistries. Individual nutritional programmes for individual requirements.	
Body Check	90 min - £99
All consultations look at individual food allergies or intolerances, advice will be given for an individual programme to help your general health and any particular individual problems.	
Confidential Counselling and Psychotherapy	£45
Individual sessions in which emotional difficulties such as anxiety, depression, bereavement, abuse and relationship issues can be dealt with in the here and now.	
Kinesiology / Allergy Testing	£60
A treatment to identify weakness in the body as well as to test for allergies. Nutritional, herbal and homeopathic remedies given as appropriate.	
Hypnotherapy	90 min - £95
Hypnotherapy can help you manage stress, improve self-confidence, handle fears and phobias, enhance self-esteem and heal personal relationships.	
Reflexology	£30
Congestion or tension in any part of the foot mirrors congestion or tension in a corresponding part of the body. Treating the whole foot can have a relaxing and healing effect on the whole body.	
Spiritual Healing and Chakra Balancing	£50
Spiritual healing is used to shift subtle energy patterns that may be obstructing the healthy functioning of a person's life. The channelling of energies by the healer is to re-energise the patient to deal with illness or injury both physical and mental.	
Reiki	£40
Reiki is a holistic healing energy that can strengthen your own healing power while acting alongside other alternative therapies to promote well-being, treat illnesses, enhance creativity and clear toxins.	
Swedish Therapeutic Massage	60 - 30 min £40 - £25
A complementary therapy that is beneficial to sore muscles, stress, tension and restores your natural sense of well-being. Breaks down fatty tissue and stimulates lymph while helping your body release toxins.	
Indian Head Massage	£25
Concentrating on shoulder, neck and head areas, relieving feelings of tension and stress. An Indian head massage soothers, comforts and rebalances the energy flow to produce a feeling of peace and tranquillity.	
Hot Stone Therapy Massage	80 min - £55
The heat from the hot stones penetrates the body at its deepest level bringing about physiological changes as well as influencing the body's internal energy flow (chi), bringing a balance to both mind and body.	
Hopi Ear Candles	£35
A candle positioned just over the ear channel will gradually draw any impurities to the surface, many of which are carried away through the candle. A gentle head and face massage enhances the effect of the candles.	
Tarot Readings and Angel Card Readings	£50
Discover what life holds for Love, Relationships & Your Future through Tarot readings. Get your Angel Cards read and find out what the future holds for you.	
Acupuncture	45 min - £40
Practised in China for many thousands of years, acupuncture has now become one of the most well known and popular healing therapies used in the western world.	
Sports Massage	90 min - £40
Not just for athletes, a restorative style of massage that targets the deeper tissues and circulation in the body to enhance performance, increase energy levels and avoid injury.	
Manual Lymph Drainage	60 min - £40
The proper functioning of the lymphatic system is critical to our body's ability to operate at peak performance. MLD drains fluids, detoxifies and regenerates tissues, filters out toxins and foreign substances and helps us maintain a healthy immune system.	